[Current Date]      [Current Time]

                                                    OPERATIVE REPORT

OPERATION: LEFT MIDDLE FINGER TRIGGER FINGER [A-1 PULLEY] RELEASE

PREOP DIAGNOSIS: LEFT MIDDLE FINGER TRIGGER FINGER

POSTOP DIAGNOSIS: SAME

COMPLICATIONS: NONE

ANESTHESIA: 

SURGEON: DOUGLAS A. WALDMAN, MD

ASSISTANT: NONE

ESTIMATED BLOOD LOSS: 

SPECIMEN SENT TO LAB: 

DRAINS: NONE

PROCEDURE IN DETAIL

THIS PATIENT IS A  WHO HAD CLASSIC CATCHING, POPPING, AND LOCKING OF THE LEFT MIDDLE FINGER, COMPATIBLE WITH TRIGGER FINGER DUE TO CANAL STENOSIS AT ANNULAR A-1 PULLEY.

NON-OPERATIVE MEASURES HAD NOT RELIEVED SYMPTOMS.  OPEN LEFT MIDDLE FINGER TRIGGER FINGER RELEASE WAS RECOMMENDED.  PATIENT UNDERSTOOD THE PROCEDURE AND RISKS, INCLUDING RISKS OF INFECTION, BLEEDING, LIMB LOSS, DEATH, AND FAILURE OF PROCEDURE TO ACHIEVE DESIRED OR STATED GOALS.  PERMIT WAS SIGNED VOLUNTARILY

PATIENT WAS BROUGHT BACK TO OPERATING ROOM.  CAREFULLY POSITIONED ON OPERATING TABLE.  TOURNIQUET APPLIED TO UPPER RIGHT ARM OVER ACE WRAP AND PROTECTED WITH PLASTIC U DRAPE.

PREP WITH  FINGERTIPS TO TOURNIQUET LEVEL.  STERILE DRAPES APPLIED.  TOURNIQUET INFLATED AFTER ESMARCH EXSANGUINATION TO  MM Hg for  MINUTES TOTAL

INCISION TRANSVERSE PALMAR  OVER LEFT MIDDLE FINGER AT METACARPO-PHALANGEAL JOINT.  CAREFUL DISSECTION THROUGH SUBCUTANEOUS TISSUES.  BLEEDERS COAGULATED WITH CAUTERY.

ANNULAR PULLEY WAS IDENTIFIED, AND CAREFULLY RELEASED ALONG ITS LENGTH. CANAL WAS CLEAR, AND THERE WAS SOME ENLARGEMENT OF THE FLEXOR TENDONS AT THE SITE OF STENOSIS.  PASSIVE MOTION AT THE COMPLETION OF THIS RELEASE SHOWED NO FURTHER TRIGGERING

TOURNIQUET WAS DEFLATED.  BLEEDERS COAGULATED WITH CAUTERY.  COPIOUS IRRIGATION WITH SALINE SOLUTION WAS DONE THROUGHOUT THE PROCEDURE.  DEEP SUB CLOSED WITH , SUPERFICIAL SUB CU WITH , SKIN CLOSED WITH .

GOOD VASCULAR SUPPLY HAD RETURNED TO LEFT HAND AFTER TOURNIQUET DEFLATION.  INCISION HAD A NON-ADHERENT DRESSING, AND STERILE 4 X 4 PADS APPLIED, FOLLOWED BY A BULKY VOLAR SHORT ARM SPLINT.

TO PACU IN GOOD CONDITION.  POST OP MEDS AS PER ORDERS, OFFICE ONE WEEK.  TOLERATED PROCEDURE WELL.

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