ORTHOPAEDIC INITIAL VISIT -  SHOULDER

HPI: 

EXAM:

    WHICH SHOULDER?: 

    FLEXION ACTIVE: 

    ABDUCTION ACTIVE: 

    INTERNAL ROTATION ACTIVE: 

    A-C PAIN: 

    CROSS BODY: 

    PAIN LOCATION: 

    NEER: 

    O'BRIEN: 

    SULCUS: 

    LOAD-SHIFT: 

   INSTABILITY: 

    CREPITUS:  

 HANDEDNESS?: 

X-RAY: 

ASSESSMENT: 

PLAN: 

PERMIT SIGNED.  ETHYL CHLORIDE SKIN ANESTHETIC.  POSTERIOR SUBACROMIAL INJECTION    SHOULDER, ANESTHETIC AND STEROID AS BELOW.  ACTIVITY AS TOL.  ICE PACK TONIGHT.

RETURN :          WEEKS.  MIGHT LATER NEED MRI EVALUATION TO DEFINE PATHOLOGY.